### Reflection: Are They a Good Candidate for Care Management

#### Reflect on the needs of each patient and explain they each is or is not a good candidate for longitudinal care management. What more would you like to know about each patient to determine if they are a good candidate for longitudinal care management?

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| Lisa J. is a 48-year-old married female with 2 teenage children. She has type 1 diabetes and struggles to keep her glucose under control. She has multiple complications including severe nephropathy and recently had a heart attack. She needs a bypass but cannot have surgery until her glucose is under better control. She has a risk score of 14 out of 20 so she's considered high-risk.  At her office visit today, her physician proposed the idea of her participating in LCM to work toward getting her glucose under control, so she can have the surgery. She asked a lot of questions about what’s involved in LCM, but ultimately said she’d be willing to consider it. |
| Enter your reflection. |
| Chris D. is a 19-year-old male with severe gastroparesis. He has had 27 visits to the ED in the last 12 months and has had 3 hospitalizations in the same 12 months. He has disengaged from primary care, has not been seen in over 18 months. He’s had 2 missed appointments and his risk score is 19 out of 20.  The previous CM attempted to engage the patient in LCM, without success as the patient has not returned calls when staff have left messages. |
| Enter your reflection. |
| Walter S. is a 72-year-old, married and caring for his wife (at home) with dementia. He has heart failure which is worsening, with two exacerbations that required hospitalization in the last 4 months. He is getting progressively weak with no identified cause.  He refused short-term rehab after the most recent hospitalization, due to needing to be home to care for his wife. Walter is emotionally exhausted from being a full-time caregiver and has one daughter who lives close by but works a full-time job and has limited availability to help.  He is a retired executive with a good pension and insurance, so he has financial resources but doesn’t know where to turn for help. Walter’s risk score is 12 out of 20.  At his wife’s office visit today, the PCP noticed Walter looked exhausted. After some discussion, he proposed the idea of CM to help ‘get things under control’, and he agreed. |
| Enter your reflection. |